

Feryskol XT Softgel

Multivitamin & Mineral Syrup

Composition (Per 5ml):

- **Lycopene** – 5000 mcg
 - **Cyanocobalamin (Vitamin B12)** – 1500 mcg
 - **Vitamin A** – 1600 IU
 - **Vitamin C** – 15 mg
 - **Vitamin D3** – 200 IU
 - **D-Panthenol** – 1 mg
 - **Folic Acid** – 100 mcg
 - **Vitamin B1 (Thiamine)** – 2 mg
 - **Vitamin B2 (Riboflavin)** – 3 mg
 - **Vitamin B6 (Pyridoxine)** – 1.5 mg
 - **Niacinamide (Vitamin B3)** – 10 mg
 - **Lysine Monohydrate** – 350 mcg
 - **Manganese Gluconate** – 2 mg
 - **Copper** – 100 mcg
 - **Zinc Gluconate** – 7.5 mg
-

Indications & Benefits:

This **nutritional supplement syrup** is formulated to support overall **growth, immunity, and metabolic health**. It provides a comprehensive blend of essential vitamins, minerals, and antioxidants, making it beneficial for:

Boosting Immunity:

- Lycopene and Vitamin C help fight free radicals and strengthen the immune system
- Zinc and Vitamin D3 support immune cell function

Enhancing Energy & Metabolism:

- B-complex vitamins (B1, B2, B6, B12, Niacinamide) support energy production and nerve health
- Folic Acid aids in red blood cell formation

Supporting Growth & Development:

- Vitamin A supports vision and skin health

- Lysine helps in tissue repair and muscle growth

Maintaining Bone & Joint Health:

- Vitamin D3 aids calcium absorption and bone strength
- Manganese and Copper contribute to bone and connective tissue health

Promoting Skin & Hair Health:

- Niacinamide, D-Panthenol, and Vitamin C help maintain healthy skin, hair, and nails
-

Dosage & Administration:

- **Adults:** 5-10ml per day or as directed by a physician
- **Children:** 2.5-5ml per day or as prescribed

Shake well before use. Best taken after meals for optimal absorption.

Storage Instructions:

- Store in a cool, dry place away from direct sunlight
 - Keep out of reach of children
-

Precautions & Warnings:

- Do not exceed the recommended dosage
- Consult a doctor before use if pregnant, breastfeeding, or taking other medications
- Not a substitute for a balanced diet

Let me know if you need any modifications.

You said:

write for Ferrous Ascorbate (100mg) + Folic Acid (1.5mg) + Zinc (22.5mg) softgel without emojis

ChatGPT said:

Here is a detailed write-up for **Ferrous Ascorbate (100mg) + Folic Acid (1.5mg) + Zinc (22.5mg) Softgel**

Product Name:

Iron, Folic Acid, and Zinc Softgel

Composition (Per Softgel):

- **Ferrous Ascorbate** – 100 mg
 - **Folic Acid** – 1.5 mg
 - **Zinc** – 22.5 mg
-

Indications & Benefits:

This supplement is formulated to support **iron levels, red blood cell production, and overall health**. It is beneficial for:

Preventing & Managing Anemia:

- Ferrous Ascorbate provides a highly bioavailable form of iron, essential for hemoglobin production
- Folic Acid aids in red blood cell formation and prevents folate deficiency anemia

Supporting Pregnancy & Fetal Development:

- Folic Acid is crucial for fetal neural tube development and helps prevent birth defects
- Iron helps meet the increased demand for blood supply during pregnancy

Boosting Immunity & Energy Levels:

- Zinc plays a vital role in immune function and wound healing
- Iron supports oxygen transport and reduces fatigue

Improving Overall Well-being:

- Essential for cognitive function, skin health, and metabolic processes
 - Supports growth and development in children and adolescents
-

Dosage & Administration:

- **Adults:** One softgel daily or as directed by a physician
- **Pregnant and lactating women:** As prescribed by a healthcare professional

Best taken after meals for optimal absorption.

Storage Instructions:

- Store in a cool, dry place away from direct sunlight
 - Keep out of reach of children
-

Precautions & Warnings:

- Do not exceed the recommended dosage
- Consult a doctor before use if pregnant, breastfeeding, or taking other medications
- May cause mild gastrointestinal discomfort in some individuals

Manufactured in India for:

CafoliTM
L I F E C A R E

Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,
Panchkula-134113

TM: Trademark Applied for